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Very high radiofrequency radiation at Skeppsbron in Stockholm, Sweden from mobile phone base station antennas positioned close to pedestrians' heads

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Abstract

In urban environment there is a constant increase of public exposure to radiofrequency electromagnetic fields from mobile phone base stations. With the placement of mobile phone base station antennas radiofrequency hotspots emerge. This study investigates an area at Skeppsbron street in Stockholm, Sweden with an aggregation of base station antennas placed at low level close to pedestrians' heads. Detailed spatial distribution measurements were performed with 1) a radiofrequency broadband analyzer and 2) a portable exposimeter. The results display a greatly uneven distribution of the radiofrequency field with hotspots. The highest spatial average across all quadrat cells was 12.1 V m^{-1} (388 mW m^{-2}), whereas the maximum recorded reading from the entire area was 31.6 V m^{-1} (2648 mW m^{-2}). Exposimeter measurements show that the majority of exposure is due to mobile phone downlink bands. Most dominant are 2600 and 2100 MHz bands used by 4G and 3G mobile phone services, respectively. The average radiofrequency radiation values from the earlier studies show that the level of ambient RF radiation exposure in Stockholm is increasing. This study concluded that mobile phone base station antennas at Skeppsbron, Stockholm are examples of poor radiofrequency infrastructure design which brings upon highly elevated exposure levels to popular seaside promenade and a busy traffic street.

Introduction

Electromagnetic fields are known physical risk factors. When mobile phone base station antennas are installed, the immediate physical environment, including the public and the living spaces can be greatly affected by microwaves.

Measuring public exposure to radiofrequency fields is significant from public health perspective, but also for future epidemiological studies. Given the rapid development of mobile communication technologies, the radiofrequency landscape is continuously diversifying and intensifying: more frequencies are introduced to provide novel mobile phone and data services; more base station antennas are constantly installed to facilitate the increasing need for data amounts, pushed through the networks. Meanwhile, public exposure also increases.

In previous publications we have reported environmental exposure to radiofrequency (RF) electromagnetic (EMF) radiation at certain places in Stockholm in Sweden such as the Central Railway Station (Hardell et al., 2016), the Old Town (Hardell et al., 2017), with special attention to Järntorget in the Old Town (Hardell et al., 2019), and Stockholm city (Carlberg et al., 2019). Of special interest was to measure RF radiation in one Stockholm apartment with two groups of base station antennas nearby (Hardell et al., 2018). That apartment was further examined using a RF broadband analyzer and the results were compared with another Stockholm apartment with substantially much lower RF radiation but equally good wireless communication possibility (Koppel et al., 2019).

Earlier studies done in Europe show constant increase of public exposure, especially in urban environment. The increase is attributed to new mobile phone base stations installed, but also to the increased usage of corresponding mobile services. Sánchez-Montero et al. (2017) monitored urban exposure in Alcalá de Henares (Spain) for ten years and reported city mean field increase from 0.277 (203 μW m^{-2}) in 2006 to 0.395 V m^{-1} (414 μW m^{-2}) in 2015. Sánchez-Montero et al. (2017) admit that during the ten years of monitoring the number of mobile phone base station has doubled, but also conclude that the probability of being exposed to a high value of 14 V m^{-1} (519 mWm^{-2}) is less than 0.01% and the probability of being exposed by 28 V m^{-1} (2079 mWm^{-2}) is negligible (Sánchez-Montero et al., 2017).

It is expected, that wherever mobile phone base station antennas are installed, high exposure areas might be encountered. Although these highly exposed areas constitute a minor part of the urban environment, these should be carefully studied for the sake of the people who work and live there.

Urbinello et al. (2014) emphasized "A continuous monitoring is needed to identify high exposure areas and to anticipate critical development of RF-EMF exposure at public places", while they informed a steep RF radiation growth in public places within one year. The growth of RF radiation has been substantial in many countries, also in Sweden as exemplified in this study.

Sagar et al. (2018) conducted a literature review, looking at studies in between 2000 and 2013 of radiofrequency electromagnetic exposure in microenvironments in Europe. For outdoor microenvironments they report the mean total RF exposure to be 0.54 V m^{-1} for spot measurements. Typical exposure levels were around 0.5 V m^{-1} and rarely over 1 V m^{-1}. They report downlink contributing the most to the total RF exposure in outdoor microenvironments in all studies except one.

An updated review by Jalilian et al. (2019) on European microenvironments' studies from 2015 to 2018 found mean outdoor exposure ranging from 0.07 to 1.27 V m^{-1}. Mobile phone base stations' downlink signals were the most relevant contributor to total exposure. The review concluded a tendency for RF levels to increase with increasing urbanity. Also, the review found that all different types of studies reported mean exposure levels of less than 1 V m^{-1}; different types included spot measurement, fixed site monitoring, and personal measurement with volunteers.

The problem with most of the spot measurement studies is their inability to adequately represent spatial RF field distribution. This is due to two reasons: 1) the measurement sample is too small and does not account for highly exposed areas and/or 2) the spots where the measurements are collected do not coincide with the RF hotspots. RF hotspots occur usually around RF sources such as mobile phone base station antennas. Furthermore, RF hotspots depend on the radiation pattern of the antenna and the surrounding environment, hence the field distribution is uneven. It is not possible to visually identify RF hotspots around the antennas, this can only be done by detailed measurements or computer simulations.

For example, Aerts et al. conducted a detailed RF field mapping in Ghent, Belgium. They performed in total 650 broadband measurements in a city subarea of 1 km^2. The study found five hotspots, with max total electric field ranging from 1.3 to 3.1 V m^{-1} (Aerts et al., 2013). Their study showed, that significantly higher RF exposure levels are likely to occur than those reported by the majority of studies. In addition, they demonstrated that construction of a detailed RF heat map of the investigated area is important to characterize and outline the hotspot area.

In this study we identified an area in Stockholm with an aggregation of base station antennas placed at low level, close to pedestrians' heads. The aim of this research is to point out highly exposed radiofrequency areas in the city environment and to analyze the sources and the reasons for the high exposure. We performed detailed measurements and constructed a detailed RF heat map. Such conclusions would help to better design the RF infrastructure sites with the aim of minimizing the public exposure. No ethical permission was needed since no test persons were involved.

Section snippets

Materials and methods

In this study spatial distribution of RF radiation sources was measured. The RF radiation sources were mobile phone base station antennas located at the Skeppsbron street, Stockholm, Sweden. This area is characterized by dense RF infrastructure as 15 mobile phone base station sectoral antennas from several operators are located on the same building complex, where the elevation from the street level is only few meters.

The site was selected by visually identifying radiofrequency sources, based on ...

Results

The results display a greatly uneven distribution of the RF fields with hotspots. The close proximity to the RF sources creates highly elevated field levels in the immediate vicinity to the base station. Given the antennas elevation from the ground, people walking on the street are highly exposed when passing or hanging around the area.

Fig. 1 presents a boxplot of spatial RF distribution of the entire investigated area. Both spatial average and maximum readings of RF broadband analyzer are...

Discussion

This study, and our previous ones, have recorded the exposure to RF radiation which will provide means for historic comparison for both public and occupational exposure. It is clear from our current study and the previous ones that the level of ambient RF radiation exposure is increasing, see Table 3. Public exposure in different places around the globe is shown in Table 4. Our average and peak RF measurement results are much higher than many of those measurements in that table, indicating a...

Conclusions

This study has pointed out a highly exposed radiofrequency radiation area in the Stockholm city environment and identified the sources and reasons of high exposure. By positioning RF infrastructure to the proximity of the public the risk of health effects is increased since members of the public on the street, also inhabitants in nearby buildings are highly exposed. Mobile phone base station antennas are positioned at the height of second floor levels of adjacent buildings spreading microwaves...

Author contributions

T.K. and M.A. performed the measurements. Conception of the study, design and analyses of the material, writing of the article and approval of the final manuscript was made by all authors....

Declaration of competing interest

The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper....

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